BERGENFIELD PUBLIC SCHOOL DISTRICT
HEALTH SERVICES DEPARTMENT

Required Physical Exams - Grades 1-5

To: Parents/Guardians:

In compliance with School Law Title 18A:40-4 and School Board Policy 5141, a physical examination is required for your child. The exam may be done by the School Physician or by the private physician of your choice which would be at your own expense. The school nurse will issue the medical exam form should you choose to go to your private physician. The deadline for private physicals is in accordance with School Board Policy 5141 "within 60 days of entrance" for the school year.

Complete school physical examinations including a review of the body systems such as skin, cardio-respiratory, musculoskeletal, etc. are performed by the school doctor/pediatrician with the assistance of the school nurse. Urine testing for sugar and protein will not be part of this exam.

If an abnormality is detected in any area of the physical assessment, it will be reported to you. Should you receive such a notice, it is expected you will take your child to his/her own doctor for follow up care. If you do not receive a notice, this indicates that your child was in good physical health at the time of the examination.

Kindly check below indicating your preference, sign and complete this form and return promptly to the school nurse:

Student Name (please print) _____ Grade _____ HR _____
Last First

I would prefer that my child have a:

_____ Private physical at my expense

_____ School Physical

_____ _____
Signature of Parent / Guardian Date

If your child has had a recent physical exam (within 1 year) please provide information to the school nurse.